



**FALL BROCHURE** 

2024

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#### **PARTNERSHIP HAS ITS PERKS**

Become a Partner in the Park with the O'Fallon Parks & Recreation Department!

Our parks see **over five hundred thousand visitors** per year so partner with us and get your business noticed.

Family Sports Park
O'Fallon Community Park
Hesse Park
Rock Springs Park
Splash Pad

For more information contact Pearl Gipson 618-206-4350 or email pgipson@ofallon.org

# **Find Your Park**

Need a place? We've got the space!

#### **RENTALS INSIDE AND OUT**







#### **INSIDE**

Choose from small and cozy Rock Springs Nature Center or the Grange
or a large event space –
The O'Fallon Station or Katy Cavins
Community Center



Choose from 13 Pavilions
Available for rent from
March 1st – Oct 31st
Seating from 36 to 120
Call the office at
618-624-0139 Ext 0







#### Office Location & Hours

Katy Cavins Community Center 308 E. 5th St. O'Fallon, IL 62269

#### Office Hours:

Monday - Friday 8:30AM - 5PM

The office will be closed on Monday, September 2nd, Thursday, November 28th, Friday, November 29th, Wednesday, December 25, and Wednesday, January 1st for holidays.

#### **Contact Information**

**Phone:** (618) 624-0139 **Fax:** (618) 624-5308

Rainout Hotline: (618) 622-1439 Email: parks@ofallon.org

Website: ofallonparksandrec.com

#### **Facility and Pavilion Rentals**

Pavilion rentals are being accepted for rentals through October 2024.

The Grange Log Cabin, Katy Cavins Community Center, and the Rock Springs Rotary Nature Center can be rented one year in advance. The Station can be rented six months in advance.

#### **Pool and Splash Pad Information**

#### **Pool Hours:**

After August 11th, Memorial Pool Hours will only be open on Saturdays and Sundays, 11:00AM – 5PM through September 1st. Memorial Pool will be open on Monday, September 2nd from 11:00AM – 5PM.

#### **Splash Pad Hours:**

Starting Tuesday, September 3rd the splash pad will be open the following times: Tuesday – Thursday, 3PM – 7:30PM Friday – Monday, 10:30AM – 7:30PM Tot Time will move to Fridays from 8:30AM – 10:30AM. The Sensory Friendly time will remain on Mondays from 8:30AM – 10:30AM

**Splash Pad Hotline:** (618) 622-1439 ex. 50

**Pool Phone:** (618) 206-4392, **Pool Hotline:** (618) 622-1439 ex. 53

#### **Personnel**

Parks & Recreation Director

**Andrew Dallner** 

Superintendent of Recreation

**Patrick Christensen** 

Superintendent of Parks

Ryan Heimann

Administrative Services

Coordinator

**Pearl Gipson** 

Recreation Supervisor

**Kirkwood Meyers** 

**Recreation Supervisor** 

Jordan LeCroy

Recreation Supervisor

Mike Randall

Special Events Manager

Samantha Sorrick

Parks Supervisor

**Ben Young** 

Parks Supervisor

**Nathan Dorsch** 

**Grounds Specialist** 

**Blake Kreitner** 

Athletic Field Specialist

**Daniel Rutzinski** 

Athletic Field Specialist

Caleb Tanzyus

Forestry & Horticulturalist

Specialist

**Eric Schuyler** 

Park Maintenance

**Lloyd Fussell** 

Park Maintenance

**Jamie Smith** 

Park Maintenance

**Trevor Dodds** 

#### **Parks & Environment Committee**

Mayor of O'Fallon

**Herb Roach** 

Chair

**Jerry Albrecht** 

Vice Chair

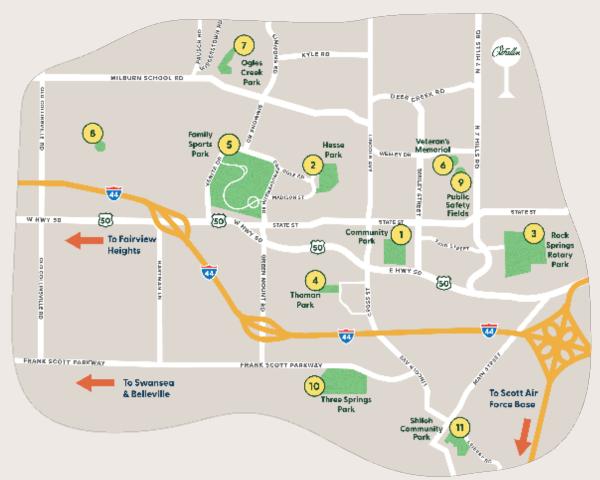
**Roy Carney** 

Andrea Fohne

**Aaron Hudson** 

Jim Blackburn

**Dennis Muyleart** 



O'Fallon Community Park 308 East 5th Street óam-10pm Tennis/Basketball Lights: Dusk-10pm



Hesse Park 810 N Madison Drive 6am - 9pm



**Rock Springs Rotary Park** 1428 East 3rd Street Dawn - Dusk



Thoman Park 1021 Nancy Dr. 6am - 9pm



O'Fallon Family Sports Park 301 Obernuefermann Road 6am - 10pm



737 East Wesley Dawn - Dusk

**(P**)

Ogles Creek Park 435 Wiegerstown Drive Dawn - Dusk



8012 Savannah Hills Dawn - Dusk



**Public Safety Fields** 287 Seven Hills Road Dawn - Dusk



Three Springs Park 2250 Frank Scott Pkwy, Shiloh, IL 62269 6am - 10pm



Shiloh Community Park 1 Park Drive, Shiloh áam - 10pm



Veteran's Memorial



Savannah Hills Park





#### Park Icon Key



#### **Park Trails**

COMMUNITY PARK: Inner Walk Trail: 0.25 miles Outer Walk Trail: 0.75 miles

ROCK SPRINGS ROTARY PARK: Inner Walk Trail: 0.54 miles Outer Walk Trail: 1.00 miles

FAMILY SPORTS PARK: Trail: 2.17 miles

HESSE PARK: Bike Trail: 0.73 miles

## **Art & Entertainment**

Mon, Sept 16	Barcode: 10183
Thu, Sept 19	Barcode: 10184
Tue, Oct 8	Barcode: 10271
Thu, Oct 10	Barcode: 10272
Mon, Nov 4	Barcode: 10273
Thu, Nov 7	Barcode: 10274
Tue, Dec 10	Barcode: 10275
Thu, Dec 12	Barcode: 10276



#### **Gingerbread Family Hunt**

Time: 11 am - 1 pm

Location: Katy Cavins Community Center

Instructor: Kirkwood Meyers

Fee: \$20

Thu, Dec 11 Barcode: 10258

#### **Painting with Pearl**

Time: 6:30 to 8:30 pm

Location: Rock Springs Rotary Nature Center

Ages: 16 and up

Instructor: Pearl Bates Fee: \$35

Join O'Fallon Parks & Recreation and local artist Pearl Bates for our introductory painting class. This water color painting class will cover the basic steps to create beautiful artwork.

This program makes for an ideal date night or night out with friends! Bring your own beverages and snacks for the class. Supplies will be provided.



Need a little holiday cheer? Need to get outside? Join in on our gingerbread family hunt across our parks. In this program, you will embark on a journey of finding various gingerbread people meticulously hidden throughout our parks and maybe even in our buildings. Some of our gingerbread people will be right in sight. Some gingerbread people will be a little more tricky to find. Are you up for the challenge? Our 1st and 2nd place families with the most collected ginger bread people will win a tastefully curated prize from O'Fallon Parks and Recreation. Entry is \$20 per family. All entries due by December 11th.

## **Arts & Entertainment**

#### Fall Play | Pinocchio

Time: 5 pm - 6 pm

Location: Katy Cavins Community Center Instructors: Nicki Hansley & Danielle Schnable

Ages: 7-16 Fee: \$115

Tue, Sep 3 - Tue, Oct 22

Barcode: 10219



Carved out of wood by the lonely toymaker Geppetto, Pinocchio tumbles from one disastrous situation to another in search of adventure only to discover that in the end, all he really needs is an unselfish heart and the love of his father. Auditions are Tuesday, September 3rd at 5pm.

Once your child auditions they are able to leave for the day. Rehearsals will begin on Tuesday, September 10th and go through October 22nd. Rehearsals are 5pm - 6pm. The final performance will be Tuesday October 22nd @ 6pm. Contact Danielle Schnable at dlschnable@gmail.com or Nicki Hansley at nhansley@of90.net with any questions.

### Winter Play | A Christmas Carol

Time: 5 pm - 6:30 pm

Location: Katy Cavins Community Center Instructors: Nicki Hansley & Danielle Schnable

Ages: 5-16 Fee: \$115

Mon, Oct 28 - Mon, Dec 16

Barcode: 10296



Here is a joyous musical play based on the world's most popular Christmas story! All of your favorite Charles Dickens characters - Ebenezer Scrooge, Bob Cratchit, Tiny Tim, Marley's Ghost, Mr. Fezziwig, Ghosts of Christmas Past, Present, Future - and a host of others bring the spirit of Christmas to the hearts of everyone - cast, audience, young, and old alike. Auditions will be held on Monday, October 28th from 5-6PM at the Katy Cavins Center. Nothing is required to audition. All will be cast!

Rehearsals will be held on 11/4, 11/18, 11/25, 12/2 at the Katy Cavins Community Center. Rehearsals on 12/9 and 12/16 will be held at the OTHS Milburn campus in the auditorium. All rehearsals, besides the final one, will be held from 5-6:30PM. Performance will take place, after the final rehearsal, on 12/16 at the OTHS Milburn campus in the auditorium, at 6:15PM.

#### **Dog Training: Basics**

Time: 1:30 - 2:30 pm

Location: Katy Cavins Basement Instructor: Rebecca Benway

Ages: 16 and up

Fee: \$85

Sat, Sept 21	Barcode: 10280
Sat, Sept 28	Barcode: 10281
Sat, Oct 5	Barcode: 10282
Sat, Oct 12	Barcode: 10283

In this class you'll learn the basic commands from sit, down, stay, leave it, come when called, and dogdog introductions. Dogs of any age, breed, and size are welcome. If your dog is reactive or aggressive in nature, please make us aware beforehand so we can alter the session and keep other clients safe.

Rebecca Benway turned years of dog training experience into her own company, Seventh Savior Dog Training. She is qualified to use multiple training tools to fit each individual dog's needs and is certified in safe prong collar use by the IACP. Also certified in pet CPR and first aid.





### **Jigsaw Puzzle Tournament**

Time: 6:30 - 10 pm

**Location: Katy Cavins Community Center** 

Ages: All ages Fee: \$40 per team

Sat, Oct 5 Barcode: 10277

Are you a master puzzler ready to showcase your skills? Do you like to puzzle for fun? No matter your skill level, assemble a team of four and join us for a thrilling jigsaw puzzle competition! Each table will receive the same puzzle, not to be revealed until the clock begins. Then you will have 3 hours to complete the task, with cash prizes going to the top finishers. Someone from each team may take home the puzzle. This is open to all ages and abilities. Teams will have a max of 4. No exceptions. The person who registers will be the team captain. Only the team captain needs to register. Registration is \$40/team. BYOB and BYO snacks. Doors open at 6:30pm, we will go over the rules shortly before starting the competition starting promptly at 7pm. Last day to register is Tuesday October 1st by 5pm.

#### **Stained Glass - Copper Foil**

Time: 6:30-8:30 pm

**Location: Katy Cavins Basement** 

Ages: 16 and up Instructor: Myron Fay Fee: \$70 + supplies

Mon, Nov 18 - Mon, Dec 23

Barcode: 10289

In this 6-week class, you will make a fan shaped copper foil piece that can be put in a base and lighted behind with a night light, or a flat foiled piece. Cutting, fitting, and soldering are the skills you will learn. No experience is necessary, but experienced people are welcome to advance their skills. Supplies will be paid for separately. Tools provided.



## **Nerf Night**

**Location: Katy Cavins Community Center** 

Fee: \$12 Ages: 7-13

Time: 6:30 pm - 8:30 pm

Fri, Oct 4	Barcode: 10259
Fri Dec 13	Barcode: 10263

Come to the Katy Cavins Community Center for a night of action–packed fun. Nerf Nights will feature several short games such as capture the flag and other favorites. Players will be divided into groups according to age. Pizza and lemonade will be provided. Bring protective eye wear and your own Nerf guns and darts.



#### **Stained Glass - Lead Came**

Time: 6:30 - 8:30 pm

**Location: Katy Cavins Basement** 

Ages: 16 and up Instructor: Myron Fay Fee: \$85 + supplies

Mon, Sep 9 - Mon, Nov 4

Barcode: 10218

This is an 8 week session class where you will make a panel approximately 13"x 16" using the traditional lead came method. Choosing glass, grinding, building the panel, soldering, & glazing the panel are all skills you'll learn. No experience necessary, this class is suitable for beginners and intermediate skills. Tools provided.

# Stained Glass - Advanced Copper Foil

Time: 6 - 8 pm

Location: Katy Cavins Community Center

Ages: 16 and up Instructor: Myron Fay Fee: \$70 + supplies

Mon, Jan 13 - Mon, Feb 17

Barcode: 10291

In this class, you will learn to make a small panel lampshade or glass box. Cutting, fitting, and soldering are all skills required for this project so you must already have knowledge of cutting & soldering. Class fee is \$70, plus supplies. Tools provided.

#### **Adult Dance Classes**

Time: 6:30 - 7:30 pm

Location: Katy Cavins Community Center

Ages: 16 and up Instructor: Bill Trent Fee: \$90 per couple

Put on your dancing shoes and fall in love with ballroom dancing. Instructor Bill Trent trained at Arthur Murray Dance Studio, Fred Astaire Dance Studio, and Scott International Dance Studio for over 40 years. This course will feature dance instruction for ballroom favorites such as the Samba, Mamba, and the Country Two Step. Wear comfortable clothes and smooth soled shoes. Students register as a couple. Only one student should register, and the fee will cover both members of the couple.



Swing I

Thu, Sep 19 - Thu, Oct 17 Barcode: 10025

**Swing II** 

Thu, Nov 7 - Thu, Dec 19

Barcode: 10026



### Hong Martial Arts - Karate/ TKD/Jiu Jitsu

Time: 5:45 - 6:45 pm

Location: Katy Cavins Community Center Basement

Ages: 6 and up

Instructor: Master Hong

Fee: \$50/month, \$25 each additional family member

Tue, Aug 20, 2024- Thu, May 29, 2025

Barcode: 10245

This Martial Arts program has been designed and is taught by the Hong brothers, two master black belt instructors. The Hong brothers have a combined teaching experience of over 30 years. They have altered the traditional training methods and practice a combination of martial arts including Karate, Tae Kwon Do and basic Brazilian Jiu-Jitsu. Testing fees not included in prices below. Fees may be paid in full or made in easy monthly installment payments. The program will automatically renew the 1st of each month until May of each year unless you cancel your enrollment. Cancellations need to be requested no later than 7 days prior to the end of the month by emailing parks@ofallon.org and will not be prorated. Testing fees not included in registration fees. You may sign up and begin training at any time.

# Competitive Cheerleading (Killer Bee Class)

Time: 6:30-8 pm

**Location: Katy Cavins Community Center** 

Ages: 7-14

Instructor: Ashley Nelson

Fee: \$90

Mon, Sep 9 - Mon, Sep 30

Barcode: 10318

Class will help get beginners ready for the world of competitive cheer. Roundoff, backbend/kickover, jumps, and beginner stunting.



# Intro to Cheerleading (Bumble Bee Class)

Time: 5:00-6:30 pm

**Location: Katy Cavins Community Center** 

Ages: 5-7

Instructor: Ashley Nelson

Fee: \$90

Mon, Sep 9 - Mon Sep 30

Barcode: 10317

This class will cover the basics of cheerleading. Class will cover motions, jumps, into tumbling (cartwheel/roundoff), and low level stunting.





#### Winter Wreath Workshop

Time: 6-8 pm

Location: Rock Springs Rotary Nature Center

Ages: Any age

Instructor: Samantha Sorrick

Fee: \$20

Wed, Nov 13

Barcode: 10325

Join us for a fun and relaxing evening of DIY as we put together our very own winter wreaths! Wreaths make a beautiful decoration for the home for any season, but we'll be focusing on winter decor such as pine, spruce, berries, ribbons, and more! All supplies and materials will be provided to you. Please feel free to bring snacks and drinks (no alcohol) to enjoy as we create our masterpieces!

# **Embodied Movement & Guided Meditation**

Time: 7:30 - 8:30 pm

Location: 513 W. Hwy 50, O'Fallon IL

Ages: 18 and up

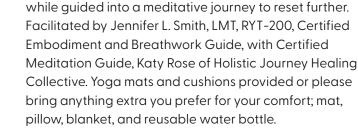
**Instructor: Jennifer Smith** 

Fee: \$10

Wed, Aug 28

Barcode: 10304

We'll begin with embodied movements to connect into your body, from seated or standing, followed by body-guided silent moving meditation (10-15 min). Tuning into the rhythms, choose a soft gaze or eyes closed while letting the body decide how it wants to express / clear out energy while you move. This is a type of "intuitive flow" - no right or wrong ways to move and no judgment of self or others, please. After activating your energy flow,



relax into a supported position with pillow and bolster

# Co-Regulation - Self Care Tools for Parents and Kids

Time: 2 - 3:30 pm

Location: 513 W. Hwy 50, O'Fallon IL

Ages: 18 and up

**Instructor: Jennifer Smith** 

Fee: \$25

Sat, Aug 31

Barcode: 10306

Do you sometimes feel overwhelmed by your child's behavior? Do meltdowns and tantrums leave you feeling helpless? Does it feel like your family is stuck in a cycle of stress and reactivity? If you're curious about how co-regulation can transform your family's dynamics, if you want practical tools to teach your child to help them find calm quicker, and are seeking effective strategies to navigate your child's big emotions, then join us. This workshop will be empowering and filled with enriching activities designed to help families foster more harmony, understanding, compassion and calm. Learn to



self regulate and listen to your own body in order to be able to effectively coregulate with your family. Foster emotional intelligence and improve communication skills. Learn age appropriate mindfulness techniques. Learn practical skills to stay calm and be able to coregulate in any situation. Facilitated by Jenelle Lally, Registered Behavioral Technician for applied behavioral therapy field, with Jennifer L. Smith, LMT, RYT-200, Certified Embodiment and Breathwork Coach, of Holistic Journey Healing Collective.



# Drum Circle for Beginners & Guided Drum Meditation

Time: 7 - 9 pm

Location: Rock Springs Rotary Nature Center

Ages: 8 and up

**Instructor: Amelia Williams** 

Fee: \$25

Fri, Oct 4 Barcode: 10314

\*\$5 rebate if you bring your own drum. Drum meditation, just like any other meditation, involves a process of surrender, to a central rhythm and to whatever it is that is arising from within during each moment. The rhythm of the drums can help you concentrate and block out distractions, helping you focus, which can also help you break through negative thinking patterns. The surrender brings you into relaxation, lowers stress levels, can open an exploration and release of emotions, inner trauma, and feel generally more balanced. A Drum circle gives you a place to connect with others in a supportive environment. Join this instructional drumming circle to feel more energetic and balanced, and release feel-good chemicals. Facilitated by Amelia Williams, Drumming Guide and collaborator of Holistic Journey Healing Collective.

#### **Energy Healing & Gongwash**

Time: 7:30 - 8:30 pm

Location: 513 W. Hwy 50, O'Fallon IL

Ages: 18 and up

Instructor: Jennifer Smith

Fee: \$20

Thu, Aug 22

Barcode: 10303

Join us in a small group setting to experience a meditative journey inward for healing your energy followed by sound therapy of a Gongwash. The Chiron Gong helps to quiet the mind and reset the nervous system allowing you to let go of stress, worries, anxieties, doubts, fears and feelings that may have a negative effect on your health. The Venus Gong adds the planetary resonance of Love, self-healing and harmony, increasing love on all levels. The Neptune Gong adds the benefit of understanding our perception, how our thoughts and beliefs create our reality. Facilitated by Jennifer L. Smith, LMT, RYT-200, Certified Embodiment and Breathwork Guide of Holistic Journey Healing Collective. Yoga mats and cushions provided or please bring anything extra you prefer for your comfort; mat, pillow, blanket, and reusable water bottle.



#### **Awareness Through Movement**

Time: 9 - 9:50 am

**Location: Katy Cavins Community Center** 

Basement Ages: 18 and up

Instructor: Alex Shaefer

Fee: \$40

Sat, Nov 2 - Sat, Nov 23 Barcode: 10225



Awareness through Movement classes are voice guided movement lessons that improve the way the brain and the body communicate with each other. The movements are slow, gentle, and easy with emphasis on comfort, ease, and efficient use of effort. The lessons improve your nervous system's ability to sense, feel, think and act. Each lesson has a human function in mind: from basic activities like rolling, standing, walking: to more complex ideas like balancing, the spinal curves, diversifying breathing, or use of the eyes in movement. The only physical requirement is the ability to get up and down from the floor, but they can be modified for a chair if needed. This is a four-week class, with lessons on Saturday mornings. Lessons typically last 45-50 minutes.

#### **Healing with Food Detoxification**

Time: 6:30 - 8:30 pm

Location: 513 W. Hwy 50, O'Fallon IL

Ages: 18 and up

**Instructor: Christine Stroede** 

Fee: \$25

Thu, Aug 29	Barcode: 10305
Thu, Oct 17	Barcode: 10309



Are you interested in a gentler path to healing? In today's world, where many seek natural alternatives for health and wellness, regenerative detoxification has garnered significant attention. This holistic approach focuses on purifying the body, supporting and enhancing the restoration of energy and overall well-being, and utilizing and optimizing the body's natural ability to cleanse itself and improve overall health. Participants will learn fundamental concepts including: Regenerative detoxification and the body's dual chemistry, and its relevance to health. The roles of the lymphatic system and endocrine system, and strategies to support natural cleansing and healing through these systems. The significance of the kidneys in conjunction with the lymphatic system, and how dietary choices and herbal remedies influence health, with practical applications for natural cleansing and healing. Christine has received her certification as an Advanced Regenerative Detoxification Specialist from the International School of Healing Arts & Sciences, as well as a certification in Lymphatic Iridology. Christine Stroede is a wellness practitioner with Holistic Journey Healing Collective.

#### **Healing Breathwork & Sound Bath**

Time: 7:30 - 8:45 pm

Location: 513 W. Hwy 50, O'Fallon IL

Ages: 18 and up

**Instructor: Jennifer Smith** 

Fee: \$35

Thu, Sept 12 Barcode: 10307



A group healing experience that helps you process through stagnation or held emotions. Brief discussion on what to expect and the process during a Healing Breathwork. Jen will guide participants into a heart awakening breathwork session to help you feel lighter. Guided Breathwork is optional and you may choose to practice any form of breathing practice you prefer. Reset with a meditative energy healing Sound Therapy immersion. Facilitated by Jennifer L. Smith, LMT, RYT-200, Certified Embodiment Coach and Breathwork Guide with Reiki practitioners of Holistic Journey Healing Collective. Yoga mats and cushions provided or please bring anything extra you prefer for your comfort; mat, pillow, blanket, and reusable water bottle. A waiver is required as Circular Breathing practices are generally not suitable for pregnant women, or if you have high blood pressure, cardiovascular disease, aneurysm in the brain or abdomen, asthma, epilepsy, bipolar disorder, schizophrenia

# New Moon Embodied Self-Care & Gongwash

Time: 5:45 - 6:45 pm Location: Thoman Park

Ages: 8 and up

Instructor: Jennifer Smith

Fee: \$10

Wed, Oct 2 Barcode: 10308



\*Children 13 and under are free. Allow yourself to be guided to connect with your body awareness so you can move, stretch or release at this New Moon. Acknowledge any held feelings, internal sensations, memories or thoughts present and offer self-compassion. This type of Self-care helps the body open up to being in flow, feeling more energy, loved and supported. Vibrations from the Gongs help you let go of stress, worries, anxieties, doubts, fears and feelings that may have a negative effect on your health and help reset to bring in more self-love and harmony. Self-healing has an impact on others around us and the collective. Jennifer L. Smith, LMT offers Sound Healing to empower your Self-care. Jen is a Certified Feminine Embodiment Coach and Breathwork Facilitator. Certified Reiki practitioners of Holistic Journey Healing Collective hold space for healing.

#### **Holistic Healing Expo**

Time: 1 - 4 pm

Location: 513 W. Hwy 50, O'Fallon IL

Ages: 8 and up

Fee: \$10

Sun, Nov 10 Barcode: 10310



\*Children 13 and under are free. Holistic Journey Healing Collective is hosting a schedule of talks, demos and Q & A! Attendees will explore a range of topics, from energetic awareness and Reiki to detoxification techniques and meditation. Expert practitioners will guide participants in hands-on experiences, providing valuable insights into holistic health. With optional mini-service sessions available, this expo offers a unique opportunity to deepen your understanding of healing modalities and enhance your overall well-being in a supportive environment.

## **Outdoor Activities**

#### **Monarch Butterfly Tagging**

Time: 5 - 7 pm

Location: Rock Springs Rotary Nature Center

**All Ages** 

Instructor: Samantha Sorrick

Fee: \$7

Wed, Sep 11	Barcode: 10313
Wed, Sep 18	Barcode: 10319



Do you love butterflies and want to play a part in protecting them? Then join us for our Monarch Butterfly Tagging program! This citizen science project was developed by Monarch Watch, a group of scientists from the University of Kansas, and focuses on education, research, and conservation. The program enlists help from the public in tagging monarch butterflies during their annual migration. We will spend approximately 30 minutes inside the Rock Springs Rotary Nature Center to learn about the program and how to tag the butterflies. Then it's time to head outside to catch the monarchs, tag them, and release them back into the wild! This is a family friendly event! Everyone 12 years old and up will need a separate registration. Kids 11 and under are free! On the registration form, please indicate how many children (11 and under) you are bringing with you. Thank you for supporting O'Fallon Parks and Rec!

## **Outdoor Activities**

#### **Family Fishing Night**

Time: 5:15-6:30 pm

Location: South Pond at the O'Fallon Family Sports Park

Ages: All ages Fee: FREE

Fri, Oct 18 Barcode: 10131

Join us for our free Fishing Derby on Friday, October 18th at the O'Fallon Family Sports Park South Pond for a fun evening of fishing. Fishing poles and bait will be provided, but you are welcome to bring your own! Meet at the South Pond from 5:15p-6:30p. There is no winner, as everyone is a winner in our book! Please register for this free event for preparation purposes.



### Howl at the Moon 5k Run/Walk

Time: 9 pm - 12 am

Location: O'Fallon Family Sports Park

Ages: Open to All

Fee: \$35

Fri, Nov 15 Barcode: 10247

Join us in a fun night of running/walking during the full moon in November! You will race a 5k around the O'Fallon Family Sports Park. Medals will be awarded to the 1st and 2nd place male and female finishers in each age group. Plaques will be awarded to the overall first place male and female finisher! Pizza will be provided at the end of the race.



#### Family Night in the Park: Movie Series

Time: varies, see below

Location: Community Park - Blazier Field

Ages: Any Fee: FREE

Fri, Sep 13	Barcode: 10177
Fri, Oct 11	Barcode: 10178

Join us for the return of our Family Nights in the Park! Each night there will be music, games, and activities followed by a special screening of a hit movie. Once again, our friends from the O'Fallon Public Library will also be in attendance with fun activities for the kiddos. These events are free to attend.



## Friday, September 13

#### Wonka

Activities starting at 5:30 pm
The movie starts at dusk (around 7:30 pm)



### Friday, October 11

Puss in Boots: The Last Wish Activities starting at 5:00 pm

The movie starts at dusk (around 7:00 pm)



#### **Watermelon Festival**

Time: 8:00 am - 12:00 pm Location: The Station

Ages: All ages Fee: FREE

Sat, Aug 10 Barcode: 10199

The name says it all! This has become the annual summer event in the Downtown District and at the Vine Street Market you don't want to miss. Market vendors and individual downtown businesses go all out creating everything you can think of that is watermelon flavored, watermelon shaped or watermelon colored! You can even get real, locally grown watermelons from the farm vendors at the market. Keep an eye out on our social media for the watermelon eating contest sign ups! Market hours are from 8am until noon. Follow @ vinestreetmarketofallon and the O'Fallon Downtown District @DowntownDistrictOFallonIL for full details about participating businesses and their hours.

#### **Fall Festival**

Location: Rock Springs Rotary Park

Fee: FREE Ages: Any Time: 4 - 8 pm

Sat Oct 19 Barcode: 10252

Join us for our annual Fall Festival celebration! Activities include hay rides, live music, bonfires, games, a prairie maze, and more. Children's games with prizes from 4pm - 7pm. Live music from 6pm - 8pm. Free s'more kits, popcorn bar, and hot chocolate for attendees while supplies last.





#### Touch-A-Truck

Time: 10 am - 12 pm

Location: Carriel Jr. High School

Ages: Any Fee: FREE

Sat, Sep 7 Barcode: 10135

Touch-a-Truck is a free public event with various types of trucks, vehicles, and machines will be on site for children to touch, climb on, and ask questions about! The trucks will be in a supervised environment with accompanying personnel to teach kids about the equipment and how these vehicles help us and our community. Please register for this free event for preparation purposes.



#### **Vine Street Market**

Dates: May 18 – Oct 19 Time: 8 am – 12 pm

Location: The O'Fallon Station





Welcome to the Vine Street Market, the Metro East's most vibrant farmers market! Markets are held weekly on Saturday from May 11 through October 19 from 8am until noon. We are located in the Downtown District at 212 E 1st Street O'Fallon, Illinois. Each Saturday is filled with 50-70 vendors from within 100 miles of O'Fallon. They bring fresh, in-season produce, homemade breads, locally raised meats, dairy, eggs, baked treats, fermented foods, juices, jams, ice cream, homemade donuts and more! Live music begins at 9am and there is always a free kids activity in the POP Club tent. Come out and enjoy fresh food in a fun atmosphere!

Follow us for up-to-date details, spotlights, and generally fun information at @vinestreetmarketofallon.



#### **Thanksgiving Market**

Date: Sat, Nov 23 Time: 9 am – 12 pm

Location: O'Fallon Station

Join us for our annual Thanksgiving Market, a special edition of our Vine Street Market! If you need to start your holiday shopping, or just need some more food and décor before your family comes over for Thanksgiving dinner, we've got you covered! Shop dozens of local vendors offering a variety of items such as baked goods, artisan soaps, hand crafted jewelry, and so much more! The market will run from 9am-12pm on November 23rd in the Downtown District at the O'Fallon Station.

# Haunted Halloween House Contest

Fee: \$15

Ages: 18 and up

Registration Deadline: Mon Oct 21, 12 PM

Barcode: 10260

Join us for our 'Haunted Halloween House Decorating' contest. Use lights, props, sounds, and your IMAGINATION to decorate your own home. Remember, more isn't always better. Deadline to register is 12:00 pm on Monday, October 21. Judging will take place between 5:30 pm and 8:30 pm starting Monday, October 21 through Thursday, October 24. Please make sure to have your decorations up and operational between 5:30 pm and 8:30 pm during these days. Winners will be announced on the O'Fallon Parks and Recreation Facebook page, along with photos of the winning house on Friday, October 25. 1st Place and 2nd place winners will receive prizes! This program is only open to O'Fallon and Shiloh residents.



#### Santa at the Station

Location: O'Fallon Station

Fee: FREE Ages: Any Time: 6 - 7 pm

Tues, Dec 10 Thurs, Dec 12

Barcode: 10133

Santa will be at the O'Fallon Station! Stop in and see the Man in Red before Christmas. This is a free event, registration is not necessary but convenient so we can convey any cancellation information to you. There will not be a professional photographer at this event.

#### **An Evening with Santa**

Time: 4 -7 pm

Location: O'fallon Station

Ages: 0-18 Fee: \$25

Sat. Dec 7

Barcode: 10132

Spend the evening with Santa at the O'Fallon Station! Get your child's picture with Santa and then enjoy an evening of holiday activities. Your visit with Santa will be commemorated with a 4x6 photo taken by a professional photographer. PRE-REGISTRATION REQUIRED. \$25 per child, adults with children enter free. Registration includes hot chocolate for your family, one ornament and one cookie per child and a 4x6 photo with Santa printed on site. The time frame for this event is between 4:00pm and 7:00pm. A signup genius will go out the week before the event to sign up for a photo time slot. You can come at any point during the 3-hour event but ask that you do not line up for pictures until your time.

#### **Letters From Santa**

Fee: \$10 Ages: 0-13

Registration Deadline: Mon, Dec 2

Barcode: 10261

The O'Fallon Parks & Recreation Department has made special arrangements with Santa Claus. Share the excitement of opening a personalized letter from Santa at the North Pole! Santa provides this great opportunity to communicate with your child, grandchild, niece, nephew or friend. Let Santa tell your children they've been good, but need to clean their room. Watch as your little one tears open Santa's letter and reads as glitter spills out. Parents, let us know what your family wants for Christmas by December 2nd, and we will make sure that information gets passed to Santa Claus. Then be on the lookout for a letter from the man in red!



# Light Up O'Fallon Holiday Lights Contest

Fee: \$15

Ages: 18 and up

Registration Deadline: Mon, Dec 9 at 12 pm

Barcode: 10262

Love decorating your house for the holiday season? Are you competitive? Look no further than the "Light Up O'Fallon Holiday Lights Decorating Contest." Use lights, props, sounds, and your wonderful imagination to decorate your house. Decorate to your heart's content but remember bigger doesn't always mean better! Judging will take place between 5:30pm and 8:30pm starting Monday, December 9 thru Thursday, December 12. Please make sure to have your decorations and lights up and operational between 5:30pm and 8:30pm during these days. Deadline for registration is 12:00pm on Monday, December 9th. Winners will be announced on the O'Fallon Parks and Recreation Facebook Page on Friday, December 13th, along with a photo of the winning house! 1st and 2nd Place Winners will receive prizes. This program is only open to O'Fallon and Shiloh residents.

#### Home for the Holidays

Time: 4 - 8 pm

Location: O'Fallon Station

Ages: All ages

Sat, Dec 14

We are so excited to announce that Home for the Holidays is back for 2024! Join us on December 14 from 4-8 pm in the O'Fallon Downtown District. We merged two great events (Vine Street Winter Market & Tinsel Around Town) in 2023 to create Home for the Holidays. It's back and better than ever, with everyone's favorite special features including our indoor/outdoor winter market, outdoor live music, holiday lights, a visit from Santa, story time at the Caboose and more! Bundle up and join us for a fun evening in the O'Fallon Downtown District, where we welcome you Home for the Holidays. Follow along on social media @vinestreetmarketofallon for up to date details.



### **Parent & Child**

### **Bouncing Babies: Family Music** for Babies

Time: 5:30 - 6 pm

Location: Grange Log Cabin at Community Park

Ages: 0-1

Instructor: Lisa Cripe

Fee: \$100, \$90 for additional sibling

Thu Sep 12 - Thu Nov 21 \* No class on Halloween

Barcode: 10254



New for fall! Designed for parents/caregivers and their babies to take together. These weekly Thursday classes will help you to learn how to play musically with your baby. Each class features bouncing and rocking songs, wiggle/peek-a-boo games, and other fun activities for the two of you. Music play for babies: Increases your baby's curiosity about music. Develops listening skills and a sense of beat. Establishes a foundation for singing and musical thought. Helps you form a closer bond with your baby. Gives you and your baby a chance to interact with other parents and babies. Materials: \$48 (1 per family) includes parent booklet, CD/Digital music code, instrument kit (1 pair rhythm sticks, 1 rattle, 1 scarf in cloth back).



### Parent 'n' Tot Music: Nimble & Quick

Time: 6:15 - 6:50 pm

Location: Grange Log Cabin at Community Park

Ages: 1-4

Instructor: Lisa Cripe

Fee: \$110, \$99 for additional sibling

Thu Sep 12 - Thu Nov 21

Barcode: 10278

Back for fall! Children have an inborn love for music, and for the rhythm and rhymes captured in nursery rhymes, beloved poems, and chants handed down from generations! This class is for parents/caregivers and their young children to enjoy a time of bonding, playing, and music-making based on a variety of nursery rhymes. We do finger plays, wiggling, and tickling activities, body awareness songs and bouncing songs to experience the joy of playing together! Activities also include dancing with scarves, focused listening, and simple rhythm instrument playing. Materials: \$36 (per family) includes: Parent Booklet (songs, dances and listening activities), CD/digital music code; 1 bean bag.

## **Early Childhood Sports**



#### Kindergym

**Location: Katy Cavins Community Center Basement** 

Instructor: Tawnya White

Fee: \$60 Ages: 3-6

Time: 10 - 11 am

Mon, Oct 21 - Mon, Dec 2	Barcode: 10292
Mon, Jan 27 - Mon, Mar 24	Barcode: 10293



Kindergym is a co-educational program tailored to preschool girls and boys. The class will emphasize basic motor skills, which are essential to early physical growth and development. Instructional emphases are on locomotion, balance coordination, spatial orientation, body awareness, flexibility, strength, introductory tumbling and basic gymnastics skills. Gymnasts are introduced to balance beam, training bar, floor exercise and springboard to begin building the necessary foundation for strong bodies and skill learning. No class on November 11th, Veterans Day.

### **Mighty Ball Basketball**

Time: 9 - 10 am

Location: O'Fallon area schools

Ages: 4-6 Fee: \$60

Sat, Jan 4 - Sat, Feb 8 Barcode: 10264

Mighty Ball Basketball is a non-competitive, safe approach to teaching the game of basketball to children ages 4 and 5. Teams consist of a maximum of 6 players playing in a 3-on-3 format. Each team will practice for the first 30 minutes and then will play a game against another team during the last 30 minutes. All players will receive a T-shirt. Players will play on baskets set to 8 feet, as that is the lowest they can go at the facilities we utilize. Sessions will start at 9 am, 10 am, or 11 am, Saturdays at O'Fallon Schools.

## **Parent N Tot Tumbling**

Location: Katy Cavins Community Center Basement

Fee: \$55

Ages: 18 months-3 years Instructor: Tawnya White

Time: 11 am - 12 pm

Mon, Oct 21 - Mon, Dec 2	Barcode: 10294
Mon, Jan 27 - Mon, Mar 24	Barcode: 10295

Parent N Tot is a co-educational program tailored to girls and boys aged 18 months - 3 years, as they participate with the assistance of a parent or guardian. The class will emphasize basic motor skills which are essential to early physical growth and development. Instructional emphases are on locomotion, balance coordination, flexibility, strength, introductory tumbling and basic gymnastic skills. Gymnasts are introduced to balance beam, training bar, floor exercise, and springboard to begin building the necessary foundation for strong bodies and skill learning. No class on November 11th. Veterans Day.

#### Fall Basketball

#### **Coed Kindergarten Basketball**

Location: O'Fallon area schools

Fee: \$105

Sat Oct 12 - Sat Dec 14 Barcode: 10255

This league is designed for girls/boys currently in the kindergarten grade. There will be two practices per week, one practice during the weeknights M-F and one Saturday morning practice. First practices will start Saturday October 12. Exact practice and game schedules will be determined once rosters are set. Games can be played Monday-Saturday. The season consists of an 8-game schedule. Games will begin Saturday, November 2. All registered participants will receive shirts to wear for the season. Practices/Games will take place at local schools.

#### 1st/2nd Grade Basketball

Location: O'Fallon area schools

Fee: \$105

Sat Oct 12 - Sat Dec 14

Girls	Barcode: 10256
Boys	Barcode: 10257

This league is designed for girls and boys currently in 1st & 2nd grade. There will be two practices per week, one practice during the weeknights M-F and one Saturday morning practice. First practices will start Saturday October 12. Exact practice and game schedules will be determined once rosters are set. Games will be played Monday-Saturday. The season consists of an 8-game schedule. Games will begin Saturday, November 2. Teams will have no more than 10 players. All registered participants will receive shirts to wear for the season. Practices/Games will take place at local schools. Games will be made up of four (4) 10-minute quarters.



#### 3rd/4th Grade Basketball

Location: O'Fallon area schools Fee: Resident: \$105, \$115 for Non-Residents Sat Jan 4 - Sat Mar 15

Girls	Barcode: 10267
Boys	Barcode: 10265

Teams will have two, one hour practices a week. (Including Saturday) One practice and one game per week, or two games per week. Teams will play a 10-game schedule. Parks and Rec leagues value sportsmanship, teamwork, fair play and learning the fundamentals. Score will be kept in the game, but wins, losses, and statistics are not recorded. Teams will primarily play games on Tuesday or Thursday during the week, and Saturdays.

#### 5th/6th Grade Basketball

Location: O'Fallon area schools Fee: Resident: \$105, \$115 for Non-Residents Sat Jan 4 - Sat Mar 15

Girls	Barcode: 10268
Boys	Barcode: 10266

This league is designed for girls and boys who are in 5th and 6th grade. Teams will primarily play games on Monday or Wednesday during the week, and on Saturdays.

## **Youth Sports**

#### 7th/8th Grade Basketball

Location: O'Fallon area schools

Fee: Resident: \$105, \$115 for Non-Residents

Sat Jan 4 - Sat Mar 15

Girls	Barcode: 10270
Boys	Barcode: 10269

This league is designed for girls and boys who are in 7th and 8th grade. Teams will primarily play games on Monday or Wednesday during the week, and Saturdays.





#### **Little Linksters: Start Smart Golf**

Location: Cardinal Creek Golf Club: Scott

Air Force Base

Time: 11 am - 11:45 am

Ages: 4-8

**Instructor: James McCormick** 

Fee: \$135.00

Sun, Sep 8 - Sun, Sep 22 Barcode: 10158

Parents participate in this adult and child combination class. Start Smart teaches parents how to teach kids the basics of golf. Start Smart uses a unique line of fun and developmentally appropriate equipment designed by SNAG Golf products. Taught by PGA Associate Professional Instructor, Alex Gorman. Class meets on Sundays! 3 classes each session. The golf course will assist with access to Scott AFB, Please phone the Cardinal Creek Golf Course at 618-256-2385 to arrange Base Access.

## **Fall Styx Lacrosse**

Dates: Wed, Sep 11 - Wed, Oct 23

Time: 5:30 pm - 7:00 pm Location: Public Safety Fields Instructor: Natalie Durbin

Fee: \$110

10U Boys	Ages: 8-11	Barcode: 10300
12U Boys	Ages: 10-13	Barcode: 10301
14U Boys	Ages: 13-15	Barcode: 10302
12U Girls	Ages: 9-13	Barcode: 10298
14U Girls	Ages: 12-15	Barcode: 10299

Styx is back for the fall! Sign your kid up today for one of the fastest growing sports in the country! All skill levels are welcome to play on Wednesday, September 11th and continue through Wednesday, October 23rd. Practices are held at the lacrosse fields adjacent to the Public Safety Building in O'Fallon. The season will end with a 3-game tournament. "The Great Pumpkin Shoot Out" on October 26th at the Lou Fusz Athletic Complex. 2155 Creve Couer Mill Rd. St. Louis, MO 63146. Registration DEADLINE is September 8th. A lacrosse jersey will need to be purchased during gear handout if you do not already have one from a previous season. Jerseys are \$20. Gear handout will be 30-minutes prior to the first practice on Sept. 11th.



#### **SWHET Baseball Clinic**

Times: 6 - 8 pm

Location: Family Sports Park Instructor: SWHET Sports

Ages: 7-12 Fee: \$125

Mon, Oct 28 - Wed, Oct 30

Barcode: 10228

Are you ready to take your baseball skills to the next level? The City of O'Fallon has joined up with SWHET to bring you an exciting baseball clinic hosted by collegiate athletes. At this clinic you'll receive expert instruction from collegiate athlete(s) who know what it takes to succeed. From throwing and catching to hitting and base running, our instructor(s) will guide you through a series of engaging drills and exercises tailored to your age and skill level. This clinic would be ideal for players on a beginner/intermediate skill level.\*The number of coaches in attendance is based upon a 1:10 coach to player ratio.

#### **SWHET Advanced Baseball Clinic**

Times: 6 - 8 pm

Location: Blazier Field Instructor: SWHET Sports

Ages: 13-16 Fee: \$125

Mon, Sep 23 - Wed, Sep 25

Barcode: 10227

Are you ready to take your baseball skills to the next level? The City of O'Fallon has joined up with SWHET to bring you an exciting baseball clinic hosted by collegiate athletes. At this clinic you'll receive expert instruction from collegiate athlete(s) who know what it takes to succeed. From throwing and catching to hitting and base running, our instructor(s) will guide you through a series of engaging drills and exercises tailored to your age and skill level. This clinic would be ideal for advanced players on an intermediate skill level or higher.\*The number of coaches in attendance is based upon a 1:10 coach to player ratio.

## **Adult Sports**

#### **Fall Adult Softball**

Dates: Sep 23 - Oct 29

Game Times: 6:30, 7:30, 8:30, and 9:30 pm Location: O'Fallon Family Sports Park

Ages: 18 & up



Coed League	Fee: \$550 per team	Barcode: 10170
Men's Church League	Fee: \$550 per team	Barcode: 10171
Men's Competitive League	Fee: \$650 per team	Barcode: 10172
Men's Recreational League	Fee: \$650 per team	Barcode: 10173

Come join us for O'Fallon Parks & Recreation Softball Leagues! The Adult Coed & Church Leagues will play on Tuesday evenings in a 10-game season with double headers and includes a single elimination playoff for all teams. Men's Competitive and Men's Recreational Leagues will play a 12-game season with double headers and include a single elimination playoff for all teams. A \$50 nonrefundable deposit is due with registration. A mandatory coach meeting will be held 2 weeks prior to the first week of games.

A REPRESENTATIVE FROM YOUR TEAM MUST BE PRESENT AT THE MEETING. IF SOMEONE FROM YOUR TEAM DOES NOT SHOW, YOU WILL NOT BE SCHEDULED AND YOUR DEPOSIT WILL NOT BE REFUNDED. ALL PAYMENTS ARE DUE AT THE COACHES MEETING. NO PAYMENT MEANS YOU WILL NOT BE SCHEDULED AND YOUR DEPOSIT WILL NOT BE REFUNDED.

#### **Parks & Rec Kickball Tournament**

Location: Hesse Park Fee: \$150/Team Ages: 18 & Up

Time: 6 pm

Fri, Oct 25 Barcode: 10297

Date is now October 25th, Fee \$150, Time 6pm
New Description: Come join us at Hesse Park for a
Halloween kickball tournament on Friday, October
25th! Dress in your best Halloween costumes!! Please
register as a team, not individually. The person that
registers the team will be considered the captain.
While fielding, each team must field at least eight (8)
and no more than ten (10) players. Teams must consist
of at least 2 girls. Everyone will play pool play for
seeding, then enter into a single elimination bracket.

#### **Adult Volleyball Sunday League**

Location: OTHS - Smiley Campus

Fee: \$250/Team Ages: 18 & Up

Coordinator: Sandra Hayden Time: 6:30 pm - 7:30 pm

Sun Oct 6 - Sun Dec 1 Barcode: 10241

Come join us for O'Fallon Parks and Recreation Department Adult Volleyball Leagues! The volleyball leagues will play on Sunday evenings. Some weeks you could have a double header. Registration must be done through the OPRD office or website.

# **School's Out Days**

#### **School's Out Days**

8:30 am - 3:15 pm

\$40 per child per day

Do you need a place for you child to go when school is not in session? Send them to parks and recreation for our wonderful school's out day program. Each day will be filled with fun activities, games, crafts, and more. Kids will even get to go on field trips on certain days of the program. Participants will need to bring their own lunch and water bottle each day. We will provide participants with a special school's out day shirt to wear.

#### **Before Care**

7 am - 8:15 am

\$5 per child per day

If you need to drop your child early for school's out days, we've got you covered. Sign up for before care and you can drop your child off anytime after 7:00 am.

#### **After Care**

3:15 pm - 6 pm

\$10 per child per day

Don't worry if you need a little extra time at the end of the day for child care. We've got after care that runs till 6:00 pm to kids your kids busy after the school's out day program ends.



Fri, Oct 11\* - Conference Week Mon, Oct 14\* Indigenous Peoples Day/Columbus Day Tue, Oct 15\* - Teacher Institute Day Tue, Nov 5\* - Election Day Mon, Nov 11\* - Veterans Day Wed, Nov 27\* - Thanksgiving Break Mon, Dec 23\* - Winter Break Thu, Dec 26\* - Winter Break Fri, Dec 27\* - Winter Break Mon. Dec 30 - Winter Break Thu, Jan 2\* - Winter Break Fri. Jan 3\* - Winter Break Mon, Jan 6 - Winter Break Fri, Feb 14\* - Conference Week Mon, Mar 3\* - Pulaski Day Wed, Apr 16\* - Spring Break Thu, Apr 17\* - Spring Break Mon, Apr 21\* - Spring Break

Days with "\*" are days that off-site field trips are planned.





















The market is open every Saturday starting May 18 - October 19 8 am – 12 pm.

www.ofallonvinestreetmarket.com