



O'FALLON PARKS & RECREATION

# AQUATIC CENTER INFO

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[www.ofallonparksandrec.com](http://www.ofallonparksandrec.com)

# GENERAL INFO

THE ESTIMATED OPENING DAY FOR THE AQUATIC CENTER WILL BE MID-JUNE. CHECK OUR FACEBOOK PAGE AND WEBSITE FOR ADDITIONAL INFORMATION REGARDING THE GRAND OPENING OF THE FACILITY.

THE AQUATIC CENTER WILL BE OPEN THROUGH MONDAY, SEPTEMBER 1ST. IT WILL CLOSE FOR THE SEASON ON SEPTEMBER 2ND.

THE NEW AQUATIC CENTER WILL HAVE A NUMBER OF NEW AND UPDATED AMENITIES INCLUDING:

- LEISURE POOL WITH ZERO DEPTH ENTRY
- SPRAY FEATURES
- VORTEX POOL
- TWO SLIDES
- NINJA CROSSING
- 6-LANE COMPETITION POOL
- DIVING BOARD
- CONCESSIONS
- TWO FAMILY LOCKER ROOMS

## HOURS:

- MONDAY - FRIDAY, 1:00PM - 7:00PM
  - STARTING ON AUGUST 13TH, THE POOL WILL ONLY BE OPEN ON WEEKENDS & HOLIDAYS.
- SATURDAY & SUNDAY, 11:00AM - 5:00PM
- 4TH OF JULY & LABOR DAY (SEPTEMBER 1ST), 11:00AM - 5:00PM

THE AQUATIC CENTER WILL CLOSE EARLY ON DAYS WITH INCLEMENT WEATHER, LOW USAGE, AND SWIM MEETS.

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# SWIM LESSON LEVELS

BELOW YOU WILL FIND THE VARIOUS SKILLS THAT OUR SWIM LESSONS WILL FOCUS ON BASED ON THE LEVEL YOUR CHILD IS ASSIGNED.

## **LEVEL 1: INTRO TO WATER SKILLS**

- HELPS PARTICIPANTS FEEL COMFORTABLE IN THE WATER (WITH ASSISTANCE)
- BOBBING UP AND DOWN IN THE WATER
- ROLL FROM FRONT TO BACK
- COMBINED ARM AND LEG ACTIONS

## **LEVEL 2: FUNDAMENTAL AQUATIC SKILLS**

- ABILITY TO ACHIEVE LEVEL 1 SKILLS WITHOUT ASSISTANCE
- OPENING EYES UNDERWATER TO RETRIEVE OBJECTS
- COMBINED ARM AND LEG ACTIONS
- TREAD WATER USING ARM AND LEG ACTIONS
- FRONT AND BACK GLIDES

## **LEVEL 3: STROKE DEVELOPMENT**

- BUILD ON LEVEL 2 SKILLS
- WATER ENTRY FROM THE SIDE
- HEADFIRST WATER ENTRY
- ROTARY BREATHING
- SURVIVAL FLOAT
- FRONT CRAWL AND ELEMENTARY BACKSTROKE

## **LEVEL 4: STROKE IMPROVEMENT**

- BUILD CONFIDENCE IN OTHER LEARNED AQUATIC SKILLS FROM LEVELS 1 - 3
- SWIM UNDERWATER
- SURVIVAL SWIMMING
- BREASTSTROKE, BACKSTROKE, BUTTERFLY, SIDESTROKE

## **LEVEL 5: STROKE REFINEMENT**

- PROVIDES FURTHER COORDINATION AND REFINEMENT OF STROKES
- SHALLOW ANGLE DIVES
- FRONT FLIP-TURNS
- TREADWATER
- HOW TO RECOGNIZE SOMEONE IN NEED OF CPR

## **LEVEL 6: SWIMMING SKILL PROFICIENCY**

- REFINES THE STROKES SO PARTICIPANTS SWIM WITH EASE, EFFICIENCY, POWER, AND SMOOTHNESS
  - PERSONAL WATER SAFETY
  - FUNDAMENTALS OF DIVING
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# GROUP SWIM LESSONS

OUR SWIM LESSONS ALIGN WITH THE AMERICAN RED CROSS LEARN TO SWIM PROGRAM. STUDENTS SUCCESSFULLY COMPLETING A SWIM COURSE WILL RECEIVE RED CROSS CERTIFICATION CARDS.

GROUP LESSONS TAKE PLACE MONDAY - THURSDAY. FRIDAYS WILL BE USED FOR MAKE UP DAYS IN CASE OF INCLEMENT WEATHER.

\*PARENT 'N' TOT LESSONS TAKE PLACE ON SATURDAY MORNINGS.

**THOSE NEEDING LEVEL 5 OR 6 LESSONS MUST REGISTER FOR THE ADVANCE GROUP LESSONS. ALL OTHER LESSONS FOCUS ON LEVELS 1 - 4.**

Course	Course ID	Dates	Time	Fee
Adult Group Lessons	2393	July 7 - August 22	6:00PM - 6:40PM	Residents: \$83 Non-Residents: \$93
Evening Group Lessons	2338	July 7 - July 30	7:00PM - 7:40PM	Residents: \$73 Non-Residents: \$83
*Parent 'n' Tot Lessons	2454	July 12 - August 16	10:00AM - 10:30AM	Residents: \$43 Non-Residents: \$53
Group Lessons	2336	July 14 - July 24	10:00AM - 10:40AM	Residents: \$73 Non-Residents: \$83
Group Lessons	2337	July 14 - July 24	11:00AM - 1:40AM	Residents: \$73 Non-Residents: \$83
Advanced Group Lessons	2389	July 14 - July 24	10:00AM - 10:40AM	Residnets: \$73 Non-Residents: \$83



# ONE-ON-ONE LESSONS

WE ALSO OFFER ONE-ON-ONE LESSONS FOR THOSE CHILDREN WHO MAY BENEFIT FROM INDIVIDUALIZED INSTRUCTION.

**RESIDENT FEE: \$75**  
**NON-RESIDENT FEE: \$85**

PARTICIPANTS WILL MEET FOR 25-MINUTE LESSONS, MONDAY - THURSDAY. IN THE EVENT OF INCLEMENT WEATHER, A MAKE UP SESSION WILL BE HELD ON THE CORRESPONDING FRIDAY OF LESSONS.

Course ID	Dates	Time
2342	July 7 - July 10	12:00PM - 12:25PM
2343	July 7 - July 10	12:30PM - 12:55PM
2344	July 14 - July 17	12:00PM - 12:25PM
2345	July 14 - July 17	12:30PM - 12:55PM
2346	July 21 - July 24	12:00PM - 12:25PM
2347	July 21 - July 24	12:30PM - 12:55PM
2380	July 28 - July 31	11:00AM - 11:25AM
2381	July 28 - July 31	11:30AM - 11:55AM
2382	July 28 - July 31	12:00PM - 12:25PM
2383	July 28 - July 31	12:30PM - 12:55PM
2384	August 4 - August 7	11:00AM - 11:25AM
2385	August 4 - August 7	11:30AM - 11:55AM
2386	August 4 - August 7	12:00PM - 12:25PM
2387	August 4 - August 7	12:30PM - 12:55PM

# ADMISSION FEES

Age Group	Resident	Non-Resident
4 & Under	Free	Free
Youth: 5 - 17	\$8	\$11
Adult: 18-59	\$10	\$13
Seniors: 60 & Up	\$8	\$11
Non-Swimmer	\$8	\$11
20 Visit Punch Pass/Daily Group Pass	\$140	\$200





# RENTALS

THE AQUATIC FACILITY WILL BE AVAILABLE FOR RENTALS UPON OPENING. PLEASE CONTACT US IN MAY FOR MORE RENTAL DETAILS.

YOUR FIRST 50 GUESTS ARE INCLUDED IN THE FEES BELOW. THERE IS AN ADDITIONAL \$30 FOR AN ADDITIONAL 25 GUESTS.

\*\*\*NEW FOR 2025\*\*\* RENTERS WILL BE ABLE TO PICK AND CHOOSE WHICH PARTS OF THE FACILITY THEY WISH TO RENT (LEISURE POOL, SLIDES, COMPETITION POOL).

FINAL GUEST NUMBERS MUST BE SUBMITTED AND PAID 14 DAYS BEFORE THE RENTAL TO ENSURE PROPER STAFFING.

ALL RENTAL REQUESTS MUST BE MADE 14 DAYS IN ADVANCE.

	Resident	Non-Resident
Leisure Pool	\$225	\$275
Lesiure Pool with Slides	\$325	\$375
Competition Pool	\$225	\$275
Competition Pool wtih Slides	\$325	\$375
Entire Facility	\$550	\$650

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